

General Articles on COVID-19 and Mental Health from the WHO, CDC, the Mental Health Alliance Among Others

The World Health Organization has an article on mental health and COVID.

<https://www.who.int/teams/mental-health-and-substance-use/covid-19>

This is a CDC article on Mental Health and Coping during COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

COVID-19 and Mental Health: Information and Resources from the Mental Health Association and includes several articles and resources about COVID.

<https://mhanational.org/covid19>

COVID-19 and Mental Health: One Year In: This is an article from the National Institute of Mental.

<https://www.nimh.nih.gov/about/director/messages/2021/one-year-in-covid-19-and-mental-health.shtml>

COVID-19 Science Update: a YouTube update from the CDC.

https://www.youtube.com/watch?v=kZnhySsGg_0

COVID-19: Health Equity Considerations and Racial and Ethnic Minority Group. This is a link to a CDC article looks at how there is health disparity among races in terms of who has COVID and who does not.

<https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>

What are the unique needs of adolescents and young adults in the national response to COVID-19? This is an animated, multiracial on the needs of adolescents and young adults during the pandemic. It is on YouTube Video and done by a researcher on adolescent health (Full disclosure-someone that I know).

<https://www.youtube.com/hashtag/youthcovidresponse>
